

Saturday, October 21, 2023

## Lipchus Makes It A Four-leaf Clover

ROXBURY – Jeff Lipchus scored his fourth win of 2023 at the weekly Roxbury Road Runners Club series by annexing a challenging 8.2-mile jaunt.

Lipchus, 40, of the Sandy Hook section of Newtown was clocked in 1-hour, 50-seconds – a 7:25-per-mile pace – on Saturday, October 21, over the loop which went to the bridge on Judd’s Bridge Road and back. He was sixth in the season standings in 2023 at the series.

Felipe T. Birk, 44, of Washington placed second in the race with a time of 1:01.46

Monique Crane, 59, of Middlebury was the first female finisher and took eighth overall in 1:10.05.

The series will continue with a 3.5-mile race on Saturday, October 14, at 8:30 a.m. that will include a trip up the hill on Hemlock Road.

Runners can compete through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip, the cost is \$2. If they do not have a timing chip, the fee is \$5. First Responders, former and current members of the military and youth runners can compete for free after completing the weekly waiver form.

Starting on Saturday, October 28, and continuing through Saturday, December 2, the runners will collect donations of non-perishable items for the Roxbury Food Pantry, which is sponsored by the Christ Church of Roxbury. They also will accept cash donations to purchase items for the food pantry.

The Roxbury Marathon, Half Marathon and 50-kilometer races are scheduled for Saturday, November 11, at 8:30 a.m. Further information is available at the Roxbury Races Facebook page.

The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 23, at 9 a.m. Pre-registration is available at <https://ultrasignup.com/register.aspx?did=105567>. Proceeds will be donated to the Roxbury Scholarship Foundation and the Roxbury Ambulance Association.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.