

Saturday, July 15, 2023

Consalvo Scores Fifth Consecutive Victory

ROXBURY – Former Brookfield High School and Quinnipiac University standout Tommy Consalvo continued his win streak at the Roxbury Road Runners Club series by easily besting the field over a 6.4-mile course.

Consalvo, 25, completed the loop, which included a trip along Falls Road, in 38-minutes, 26-seconds – a 6:01-per-mile pace.

It was his ninth victory of 2023 in the weekly series and his fifth consecutive triumph.

Rina McNamara, 52, of Kent was the first female finisher and placed fifth overall in the Saturday, July 15, event with a clocking of 52:24.

The series will continue on Saturday, July 22, at 8:30 a.m. with an event that will include a trip into the Tierney's Preserve on Squire Road.

Runners can participate through the \$25 season membership. They also can enter by completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a chip, the cost is \$5. Youth runners, current and former first responders and military personal can enter for free after completing the weekly waiver form.

There will be no race on Saturday, July 29, since the New Milford Parks & Recreation Department will hold its annual 7.8-mile and 3.1-mile runs. The Roxbury series will resume on Saturday, August 5, at 8:30 a.m. with a 3.6-mile race that will include the Horrigan Trail.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.