

Saturday, August 5, 2023

## Lipchus Prevails Over Pavement, Dirt, Stones, Mud At Roxbury

ROXBURY – Jeff Lipchus recorded his second victory of the 2023 at the weekly Roxbury Road Runners Club series on a 3.6-mile course that included paved and dirt roads and a trail dotted with stones and mud.

Lipchus, 40, from the Sandy Hook section of Newtown completed the route in 24-minutes, 20-seconds – a 6:45-per-mile pace.

Felipe T. Birk of Washington was second in the Saturday, August 5, event with a clocking of 26:00

Kateri Danay, 25, of Waterbury was the female champion ninth time this year and placed sixth overall in 27:24.

The series will continue on Saturday, August 12, at 8:30 a.m. with a 7.2-mile race that will include a trip up the hill on Mallory Road.

Runners can enter through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a timing chip, the cost is \$5. Youth entrants and current and former first responders and members of the military can compete for free after completing the weekly waiver form.

The sixth annual Roxbury Thanksgiving Day Charity Race will be run on Thursday, November 23, at 9 a.m. over a 3.1-mile loop. Pre-registration is available at Ultra Sign-up via: <https://ultrasignup.com/register.aspx?did=105567>.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.