

October 10, 2022

## Sheldon Scores Judd's Bridge Victory

ROXBURY – Jeff Sheldon, 42, of Southbury easily won an 8.2-mile race at the weekly Roxbury Road Runners Club series that included a trip along a dirt road to a wooden bridge.

Sheldon posted his 10<sup>th</sup> triumph of the season the series with a time of 55-minutes, 51-seconds – a 6:49-per-mile pace – on the Judd's Bridge Road loop. He is a former two-time season champion at the series.

Alison Masopust, 38, of Morris won the female title for the 12<sup>th</sup> time in 2022. She was timed in 57:31 to place second overall at the Saturday, October 8, run. Masopust has garnered the women's season title three times.

The series will continue with a 3.52-mile race on Saturday, October 15, at 8:30 a.m. that will include a trip down the long hill on Hemlock Road.

Runners can enter through the \$25 season membership. They also can compete by completing the weekly waiver form. If they have timing chip, the fee is \$2. If they do not have a timing chip, the charge is \$5. Youth runners can compete for free after completing the weekly waiver form.

The runners will collect non-perishable food donations and unwrapped toys from November 5 through December 3. The food donations will go to the Roxbury Food Bank at the Roxbury Church of Christ and the toys will be delivered to the collection box at the Troop A state police headquarters in Southbury.

The Roxbury Marathon and Roxbury Half-Marathon will be run on Saturday, November 12, at 8:30 am. Details are available at the Roxbury Races Facebook page.

The fifth annual Roxbury Thanksgiving Day Charity Race is scheduled for Thursday, November 24, at 9 a.m.

Runners can pre-register at Ultra Sign-up

<https://ultrasignup.com/register.aspx?did=95688>

The charge is \$10 plus a handling fee. Race day registration will be held on November 24 from 7:30 to 8:50 a.m. with a \$15 fee.

The races, which sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.