

Saturday, July 23, 2022

Deming Navigates The Trail

ROXBURY – Chris Deming went over the hilly, paved roads and in the bumpy trails in the Edward Tierney preserve near Squire Road to garner his second victory of the season at the weekly Roxbury Road Runners Club series.

Deming of Danbury was clocked in 44-minutes, 15-seconds – an 8:51-per-mile pace – on the 5.0-mile route. He is a previous season champion in the series and leads the standings for the 2022 campaign.

Eleah Nuzari, 31, of the New York City borough of Manhattan was the first female finisher and placed second overall in 44:51.

The course, which was first run in 2021, was designed by runner Steve Leslie of Brookfield.

There will be no race on Saturday, July 30, since the New Milford Village Fair Day runs will be taking place.

The series will resume on Saturday, August 6, at 8:30 a.m. with a 7.2-mile race that will include a trip up the steep hills on Mallory Road.

Runners can compete through the \$25 season membership.

They also can participate by completing the weekly waiver form. If they have a timing chip, the fee is \$2. If they do not have a chip, the fee is \$5. Youth runners can compete for free after completing the weekly waiver form.

The Roxbury Thanksgiving Day Charity Race is scheduled for Thursday, November 24, at 9 a.m. Pre-registration is available at Ultra Sign-up.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.