May 15, 2021

Sheldon Shines For Sixth Time in 2021 At Roxbury Races

ROXBURY – Jeff Sheldon of Southbury posted his sixth triumph of the year at the Roxbury Road Runners Club series – easily besting a competitive field over a grueling 7.25-mile loop.

Sheldon was timed in 48-minutes, 21-seconds – a 6:40-per-mile pace – on Saturday, May 15, over the course, which included a trip up the long hill on Mallory Road.

He prevailed in four of the time trial events at Roxbury earlier this spring and garnered his second win of the regular season, which commenced on May 1.

Jean DelBuono of Middlebury captured the female crown and was sixth overall in 1:00.51.

The series will resume on Saturday, May 22, at 8:30 a.m. with the Roxbury Mile I, which will entail two trips around the Everett B. Hurlburt Community Park.

Runners can compete through the season membership of $25. They also can participate via the weekly waiver. If they already have a timing chip, the cost is $2. If they require a timing chip, the fee is $5. Youth runners can compete for free after completing the weekly waiver form.

All runners should pre-register through the link at www.roxburyraces.net.

The races, which are sanctioned through the Roxbury Recreation Commission start and finish near the Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.